



HeartSafe EMS
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Occupational First Aid Level 3 Re-Certification Course Course Outline & Pre-reading

This course outline shows the course material for the entire WorkSafe BC Occupational First Aid Level 3 course. As a re-certification student you will not have attended Days 1 – 5 (Lessons 1 – 10) but you still need to have read the material covered in those lessons as well as the reading for Lessons 11 - 20. If you have not had an OFA 3 certification previously, you must read the material and do the homework for all the lessons (1 – 20) and hand them in to the Instructor for marking during your class.

General Instructions

Please prepare for each day of class by reviewing the Lesson Outlines for each lesson in the WorkSafe BC Occupational First Aid Level 3 Training Guide and doing the required reading in the Training Manual and other noted references **PRIOR** to the start of class for that day.

The homework questions (in separate booklet within the WorkSafe BC Occupational First Aid Level 3 Training Guide) should also be reviewed at this time, and answers finalized after the lessons for that day are completed in class. You will be required to hand in your completed homework assignments prior to the start of the next day. Your Instructor will mark each homework assignment, record your results and return the marked assignments to you. Should you have further questions regarding the homework assignments, please do not hesitate to ask your Instructor.

Day:	Lessons	Home Work Assignments
Day 1	Lesson 1 & Lesson 2	Lesson 1 & Lesson 2
Day 2	Lesson 3 & Lesson 4	Lesson 3 & Lesson 4
Day 3	Lesson 5 & Lesson 6	Lesson 5 & Lesson 6
Day 4	Lesson 7 & Lesson 8	Lesson 7 & Lesson 8
Day 5	Lesson 9 & Lesson 10	Lesson 9 & Lesson 10

Day 6	Lesson 11 & Lesson 12	Lesson 11 & Lesson 12 & Interim Exam
Day 7	Lesson 13 & Lesson 14	Lesson 13 & Lesson 14
Day 8	Lesson 15 & Lesson 16	Lesson 15 & Lesson 16
Day 9	Lesson 17 & Lesson 18	Lesson 17 & Lesson 18 & Situation Practicals
Day 10	Lesson 19 & Lesson 20	Review Lessons above & Situation Practicals

Your Instructor will confirm your final written and practical exam dates as soon as possible during the class.

Thank you.